

# Iarthar Heritage – Things to be aware of

## Group

The group must assemble at the start point of the tour (either Site 1 or 5). The group will move together from site to site. The group will move at a pace considerate of the slowest cyclist/walker. Should any one wish to depart the tour before it finishes, they must inform the guide.

Stops can be made on the cycling sections between sites. The guide must be informed. The frequency of these cannot be so often as to seriously impede progress along the route.

## Clothing and Equipment

Viz-vests must be worn for the duration of the tour. They are provided.

Cycling helmets are advised. The choice to wear them or not is the clients. They are not provided.

Iarthar Heritage is not responsible for faults or issues with any bike that clients bring to the tour. Nor is Iarthar Heritage responsible for any damage or wear and tear that results from undertaking the tour.

The weather along the Atlantic Coast, West of Ireland, is very changeable. Clients should wear clothing that they think appropriate for predicted conditions. If any client feels unwell as a result of weather conditions, they should inform the guide immediately.

## Roads

Three sections of the tour take place on third-class roads. The volume of traffic on these can vary with time of day and time of week. The guide will provide warning when possible of coming traffic. Clients need to be aware of their own surroundings. Clients can and should proceed at a safe pace, or stop completely, when traffic is passing – whichever they are more comfortable with. The group will give right-of-way to passing traffic when necessary.

There are two major road crossings along the tour (N59 – National Primary Road). One of these is crossed by the Greenway route proper. The second is marked on the subsidiary Blue Trail. These can be crossed on bike or on foot – at the discretion of the client.

The condition of roads – especially rural, non-primary roads – is variable. Pot-holes, ditches, insecure surfaces, etc. are frequently present. The guide will provide a brief description of the road section between sites. This is not comprehensive. Clients need to be aware of the road condition ahead of themselves and take a responsible approach to crossing it.

## Open Water

Three sites (1, 4, 5) are located beside the sea. No part of the tour requires clients to go in the water or right beside the water's edge. If clients approach open water for their own reasons, due care must be taken.

## End of Tour

The tour ends at Site 5 (or Site 1 if done in reverse). After the final talk, Iarthar Heritage holds no responsibility for the then former client on their return.